

Intent: What do we want children to learn?

At Grange Infant School, our intent is provide a culture in which children are inspired to be physically active regularly, participate in competitive sports and support each other to do so. We give the children the skills, techniques and understanding required to ensure that they make a positive impact on their own physical health and well-being. We also want our children to cooperate and collaborate with each other as part of an effective team, understand fairness and equity of play to embed life-long values. Our curriculum aims to not only improve fitness and well-being but also underpins key values and disciplines it promotes.

EYFS

Children are given a secure grounding in the prime areas of learning to ensure they have a good foundation on which to build their knowledge and understanding. This includes physical development. Areas of provision are enhanced so that they have a range of opportunities to practice and develop their fine and gross motor skills. Handling equipment effectively and moving confidently are also areas where children are able to practice and develop especially through the outside area. Children are taught the importance of physical activities and a healthy lifestyle/ diet for good health.

KS1

During PE, pupils develop fundamental movement skills and become increasingly competent and confident through skills taught in KS1. They are able to access a range of opportunities to extend their coordination, balance, agility both by themselves, with another or within a team. These basic skills are also developed further to ensure that children can link a series of movements. A range of different sports are taught through a build up of skills enabling them to develop team values such as communication, collaboration and cooperation. Through regular feedback, children learn to evaluate and improve both their own, paired or group performances.

PE in a Nutshell



Our 5 Curriculum Drivers in PE:

Curiosity: Children will become curious about their own bodies and the impact of having a healthy lifestyle has on them.

Courage to take risks: Children will be encouraged to take risks and develop skills through a range of different sports that they haven't completed before. They will persevere and become resilient by undertaking skills that challenge them to think for themselves and work together as part of a team.

Imaginative: Children will use their imagination to be creative in creating sequences in dance and gym and other sports.

Empathetic: Through a shared set of values, children will develop team work and cooperation skills and understand how to listen and develop others.

Love of reading: Children will use a range of different medias to explore and develop their understanding of a healthy lifestyle, as well as learning about a range of different sports people that inspire them to be active.



Impact:

Through a well planned and progressive curriculum, children are motivated to participate in a variety of sports and gain a life-long understanding of how to lead a healthy lifestyle. Children will understand the theory, techniques and strategies before they can apply their skills in a practical context. Through the shared set of values for physical activities, children will learn the value of team work and cooperation.

Curriculum Implementation: How do we do it at Grange Infants School?

A long term plan has been developed for PE which encourages children to be physically active and develop a love for sports and a healthy lifestyle. Through the use of Primary PE, the long term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements for the National Curriculum are full met. Children take part in a range of sporting activities. One taught session focussing on one discipline per term, a cycle of either skipping, yoga or running to build stamina as well as a team game lunchtime session to build the values of team work and cooperation. Teachers are supported in the planning via Primary PE which offers sequential, knowledge filled lessons to ensure that children are offered practical and purposeful learning opportunities. This planning is adapted by the class teacher with support from their teams to prepare high quality lessons.

In KS1, children are able to build on their EYFS learning goals and are given the opportunity to build upon skills through practice and refine the basic movements, throwing and catching through multi-skills and then applying these to games and a range of different sports.

In term 6, the whole school participates in a healthy week where children participate in a range of different sports as well as learn about a healthy lifestyle.

Assessment for each unit is undertaken by the teacher which they use to support and challenge the children within lessons. Subject coordinator monitor teachers planning, subject knowledge and lessons via drop ins and learning walks. Teachers use focused feedback to ensure consistency throughout the school's delivery of PE lessons.

